

Our Week at a Glance – March 19, 2023

The flowers today are placed by Iris Brown and family, in loving memory of her husband, J. R. Brown.

THIS WEEK AT TSA:

- Mon. Mar. 20** Shop Donations, 9am-2pm
Lenten Book Study – MRR, 11:00-12:00
- Tues. Mar. 21** MPCF Archives – Library, 9:30
Council – ZOOM, 4:00
- Wed. Mar. 22** Shop Donations, 9am-2pm
Counters – Lounge, 10:15
Bible Study, MRR, 11:00-12:00
Mat Group – SH, 1:30
- Thurs. Mar. 23** Thrift Shop Open, 12-6
Choir – Sanctuary, 7pm
- Sat. Mar. 25** Thrift Shop Open, 10-2

Upcoming Lent/Easter Service Dates:

Thursday, April 6 - Labyrinth Walk, 6:30-9pm, Maundy Thursday
Come walk the ancient path to healing and peace. A labyrinth is a simple path painted on the floor. By following the path to the centre, your mind is free to imagine, meditate and pray. It is an ancient form of spiritual guidance and reflection which is making a comeback in our hectic world. It takes about 20-30 minutes to walk the indoor labyrinth. It costs nothing to participate, but the results can be life-changing. Please bring clean shoes or slippers for walking the labyrinth. This is a free event, open to all.

Friday, April 6 - Good Friday Service, April 7 at 10am

Sunday, April 9 - Easter Sunday service with communion, 10am

Monday, April 10 – office closed

Upper Room: The March/April Upper Rooms have arrived, and are available in the office, \$2.00 per copy.

From the UCW: Flowers are placed in the Sanctuary by members of TSA each Sunday in memory of family and loved ones. If you would like to be added to this roster please contact Sandra Comba at 613-432-4696.

Upcoming Dementia Support Meeting: The monthly get together for the Dementia Caregivers on April 6, at 10:30 am, in the TSA chapel, will include a speaker from the Dementia Society. The presenter is German Chique-Alfonzo (pronounced Her-man) and he will be providing a presentation entitled 'The Aging Brain and Different Types of Dementia'. We invite you to join us for this interesting event. See Jane de Snaijer for more information.